

News from District 8 – North Idaho DISTRICT EYE

November, 2022



Addresses For Groups to Make Donations

District 8 Treasurer PO Box 3403 Coeur d' Alene, ID 83816	Central Office 118 N 7th Street, Suite B-5 Coeur d' Alene, ID 83814
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WSEA 92 Treasurer PO Box 103 1314 S Grand Blvd, Suite 2 Spokane, WA 99202-1174	GSO PO Box 2407 James A Farley Station New York, New York, 10116-2407 Online Contribution: www.aa.org , and click on "Make a Contribution"
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The general service representative has the job of linking his or her group with A.A. as a whole. The G.S.R. represents the voice of the group conscience, reporting the group's thoughts to the district committee member and to the delegate, who passes them on to the Conference. This communication is a two-way street, making the G.S.R. responsible for bringing back to the group Conference Actions that affect A.A. unity, health, and growth. Only when a G.S.R. keeps the group informed, and communicates the group conscience, can the Conference truly act for A.A. as a whole. —AA Service Manual, pg S26

-This is a confidential document, printed for AA members only. Although it is our policy to publish first and last initials only, we also publish some members addresses and phone numbers. Please respect anonymity



District 8 – North Idaho AA Meeting Minutes - October 11, 2022

- Meeting called to order at 7pm by Catherine, followed by the Serenity Prayer
 - **GSR Statement:** Read by Jan R.
 - **Secretary Report:** Minutes from September meeting read by Carin C. Karen O. moved to approve, seconded by Jan R. Passed unanimously. Amended Secretary Minutes from September, motion to approve by Garret B. and Seconded by Curtis. Passed unanimously.
 - **DCM Report:** Given by Catherine, see DE. Catherine also read statements from the service manual handbook, about what reports are included in current months DE
 - **Alt DCM Report:** Given by David R. See DE.
 - **Treasurer Report:** Given by Rachel H. See DE. She is asking for receipts monthly. Tom B made a correction to the treasurer's report - his refund was for copies for treatment and accessibilities. Ed moved to approve the report as corrected, Garrett seconded and passed unanimously.
 - **GSR REPORTS:** Read by GSR's-see DE. 2 new GSR's were present; Hank from Rough Riders meeting in St Maries and Dot R. for the Truly Grateful Group in Post Falls.
 - **COMMITTEE REPORTS:**
 - o Treatment - Tom B. See Novembers DE
 - o Corrections - Kyle T- gave report. He reports jail is not looking for anyone to go into the jails at present
 - o Public Information - Chuck F- see Novembers DE
 - o CPC- Sam K - see DE
 - o Literature - Paula T - reports nothing new
 - o Newsletter - Carin C- reported that the correct email to send updates and reports to newsletter is newsletterdistrict8@gmail.com- she will correct in our chart that is in DE.
 - o Activities - Jeannie M. Nothing new to report
 - o Website - Helen -filling in for now. Received a donation of \$50.00 for microphone purchase.
 - **UNFINISHED BUSINESS:**
 - o Open Committee Chairs: Web (Helen, filling in for now), Secretary and Archives.
 - o October Assembly Motions discussed. 1. Archives. 2. Hybrid - reports from GSR's present , that their groups were for this motion.
 - o Discussed having a District Inventory- Catherine to set up the Committee. Will contact Scott as he is outside the District to lead Inventory.
 - **NEW BUSINESS:**
 - o Nathan made a motion that David R be granted access to the U-haul storage unit. Body approved, resolution to be completed.
 - o Sam K. was concerned that we do not have great access to a AA hotline for suffering alcoholics trying to get connected to AA in our area. He is wanting more visible access via web/ internet for phone numbers.
 - Garrett moved to adjourn meeting at 8:47pm
 - Closed with the Responsibility Statement
- Carin C- Filling in for Secretary Position

There seems to be some confusion in what specific job description and what the procedures are for District.

I have been accused of changing district procedures, the minutes requirements, and of not following the guidelines outlined in the handbook.

I have been told-“That I have no authority to change procedures without a Substantial majority of a vote conducted in a district business meeting and recorded in the minutes. This is only after all motions and voting procedures have been adhered to.” “The reports are to be presented at the meeting, to be included in the minutes then provided for publication in the District Eye after the reports have been accepted.” This is NOT true and NOT what our handbook says, nor has it been a procedure at district) Reports do not “have to be accepted”. Reports are given at the meeting. To clear this up I have put together the following to help clarify this confusion. I have NOT done anything different than that of past DCM’s that came before me.

District 8 Handbook:

All Officers & Standing Committee Chairs

- Shall provide written reports at the monthly District meeting. ... This report shall also be made available to the Newsletter Chair for publication in the District Eye. The confusion on this seems to be what months reports are published in the DE. The current months DE contains the current months reports that are submitted & read at the meeting. To be able to have the DE printed those reports have to be submitted by the 5th of the month and before our district meeting. The current months DE does not contain reports submitted at the prior months meeting, those reports should have been in the prior months DE.

District Secretary

- Keeps accurate and complete minutes of each District Committee Meeting. Motions to be included in minutes verbatim by the maker of the motion (preferably received in writing from the maker).
- Recording device provided by District, to be kept by the Secretary, to record the District meetings. Beginning of each meeting, ask permission to record (via Housekeeping motion) ...
- Reads at each District Meeting the prior months minutes (only the old & new business plus Treasurer's report) for approval. *(Currently the treasurer's report is read by the treasurer).

Newsletter Editor

- Provides a monthly forum for the exchange of ideas about service.

Appendices: The Secretary

- The Secretary takes notes so that they can prepare the official written record of the meeting, called the “minutes.” Clear, accurate minutes are very important – they will be used to keep track of the group’s conscience, as well as unfinished business from previous business meetings. THE SECRETARY NEED NOT RECORD EVERYTHING THAT IS SAID; THE MINUTES ARE NOT A TRANSCRIPT . But they should include: Officers Reports if any were made during the meeting. The exact wording of motions introduced, and their fate (passed, defeated, referred to committee or tabled). If motions were referred to committee, make sure the group specifies the duties of the committee and when their report should be delivered to the full business meeting. If at any time the Secretary is unclear about something, he/she should ask for clarification immediately.

Section IV: District Meeting Procedures

- District 8 has traditionally used a modified form of Roberts Rules of Order for running business meetings. That means we follow certain agreed upon procedures. WE DO NOT GO OVERBOARD TRYING TO BE PERFECT.

Roberts Rules of Order:

- Meeting Minutes: “The minutes should contain a record of what was done, not what was said. Minutes do not contain injected personal comments or someone’s opinion about what has happened. The assembly is responsible for approving and correcting the minutes. What the assembly approves is considered the final wording of the minutes.

DCM report for October - November 2022

Greetings District 8 trusted servants.

Notes from (**October 11, 2022**) District Meeting:

We had 16 GSR’s and/or Alt GSR’s, 4 officers, 7 committee chairs and 3 guests attend. Total of 30 district members present. We gained 2 new GSR’s, Hank B. from Rough Riders meeting in St. Maries, ID and welcomed Dot R. back as new GSR representation for The Truly Grateful meeting in Post Falls. Welcome and thank you Hank & Dot for joining the district in service.

Concerns in the district are getting people to become involved specifically with the committees. Our committee chairs in Treatment, PI, CPC and Corrections are very active in our district and have been doing an outstanding job. I have found that making announcements at meetings helps to get the message out. Zoom is available for our meeting, last month we had about 3 people attend on zoom. We have updated the equipment situation, thanks to the help of Helen F. filling in as our Web Chair. We now have 2 microphones to help with the audio. We have laptops and projection equipment in the room.

We filled 1 of our open chair positions David R. stepped up to be the Archives Chair and I have found a possible volunteer to be the District Secretary, more to be revealed on that. We still need a Web Chair and possible secretary, then all committee positions will be filled.

We discussed the importance of conducting a District Inventory. An ad Hoc committee was recommended with asking Scott R., past delegate to assist us in this endeavor. Committee needs to be set up.

Activities – DCM Attended Oct – Nov 2022:

Area Finance Committee meeting: October 3, 2022 & November 7, 2022.

Area 92 October Assembly: October 14 through the 16 in Richland, WA.

I attended our October Assembly, October 14-16, 2022. It was very well attended by District 8! We rocked with 25 members of our district present at some part of the day. That number did include the 4 Area Chairs from District 8. After some debate both motions presented were passed and the floor motion presented was withdrawn. The motion to move our archives and approve a minimum budget amount was amended to \$750 a month max and passed. The tech committee motion also passed.

Upcoming Events: (Flyers that are available can be found on Area 92.org website or in the DE)

November 12, 2022: Spokane Gratitude Banquet, 4 – 10 pm, Mirabeau Hotel

November 19, 2022: CDA Gratitude Banquet, CDA Best Western,

As your DCM, I am willing to help you in any way I can please let me know if there's anything you need or anything I can help you with. Please keep an eye out for my emails as my primary job is to facilitate communication from district, Area 92, GSO in all matters A.A.

YIS,
Catherine B
DCM 8

Alt DCM Report from October 2022.

I was in the Seattle VA Hospital last month and could not attend the District 8 meeting. The Internet signal was insufficient with all that concrete for me to log on to the Zoom hybrid meeting. I am still having some problems related to a medical condition and will stay as long as I am physically able to this evening. Please excuse me if you see me leave early.

I have Handbooks for GSRs to sign out. This is the new, completely updated version. See me after the meeting to sign for a District 8 Handbook. I ask that you please print the name of your home group, and your first and last name legibly. I will be typing up this roster later and need to be able to read your first/last name and home group name.

The Central Office is not part of the AA General Service Structure! They are a private, non-profit business with a Federal and State Tax ID number, which is why they have to charge sales tax when you purchase an item in the Central Office Store. District 8 and Central Office cooperate with each other, but not affiliate. In addition to selling Big Books, 12x12s, and all types of sundry recovery items, the Central Office maintains a 12-step call list. If you want to be a volunteer for the office, or the 12-step call list, please call the Central Office.

District 8 cannot present a motion to this body involving Central Office.

If anyone has questions for Central Office, please write down this telephone number, and call (208) 667-4633.

We are planning to get together and plan a 2nd D8 Handbook/GSR School sometime after the first of the year. More information will be coming out later.

I am registered for the October Assembly and plan to attend.

Yours in service,
David Robinson Alternate DCM

Treasurer's Report

Thank you to the Best Avenue, Fort Sherman, GMAA, Men's Recovery in AA, Ridge, and Spiritual Awakening Groups for their contributions. The beginning checking account balance was \$970.59. Total contributions received were \$1,215.48, expenses paid were \$340.65; and the ending account balance was \$1,839.12. The prudent reserve's balance is \$3,000.08.

Yours in Service, Rachel Hunt

District Officers and Committee Chairs

Catherine B.	DCM, dcm8@area92aa.org
David R.	Alt DCM, altdcm@northidahoaa.org
Rachel H.	Treasurer, treasurer@northidahoaa.org
Gloria P.	Alt Treasurer, alttreasurer@northidahoaa.org
Chris F.	Secretary, secretary@northidahoaa.org
Clint H.	Third Legacy, 3rdlegacy@northidahoaa.org
Jeannie M.	Activities, activities@northidahoaa.org
Vacant	Archives, archives@northidahoaa.org
Kyle T	Corrections, corrections@northidahoaa.org
Sam K.	CPC, cpc@northidahoaa.org
Paula T.	Literature, literature@northidahoaa.org
Carin C.	Newsletter, newsletterdistrict8@gmail.com
Chuck F.	Public Information, publicinfo@northidahoaa.org
Tom B.	Treatment, treatment@northidahoaa.org
Vacant	Web, webchair@northidahoaa.org
Mary M.	Central Office, keepcomingback1@hotmail.com

GSR Reports

Athol Big Book Recovery Group, Athol Community Center , Saturday 5-6 pm, GSR - Kim M. Athol Big Book Recovery Group is a Big Book study, open meeting where everyone is welcome. We read a paragraph or two and take turns sharing our experience, strength and hope with each other. We celebrate milestones in sobriety each week as they occur.

Best Avenue Group, Alano Hall, 425 Borah, CDA. Daily 12 PM. GSR: Bryan B, The Best Avenue Group is an open meeting that meets seven days a week, 365 days a year at the Alano Fellowship Hall. Tuesdays are a big book study. Thursday meetings are chaired by a member with at least 20 years of sobriety. Our meeting topics are selected from GSO approved literature. On the last Friday of the month there is a speaker/ discussion meeting where a speaker shares for 20 minutes then opens up for discussion for the group. The business meetings are held on the last Tuesday of the month at 1:15pm following the noon meeting. We acknowledge and celebrate birthdays by handing out sobriety coins daily. We average about 30 people in attendance per meeting. Big Books available for sale. All are encouraged to join.

Daily Reprieve, Alano Hall, 425 Borah, CDA. Daily at 5:30pm, Thursdays at 7pm. GSR- Garrett B. Alt GSR - Rolf M. This home group meets every day at the Alano Hall at 5:30pm. On Thursdays we have a 12 and 12 reading for an hour starting at 7pm. We alternate, a step on one week and a tradition on the next week. We have a speaker meeting the last Saturday of the month at 6:30pm/ potluck at 5:30pm. Business meeting 3rd Tuesday of the month.

First Things First, 322 Hubbard Ave, CDA. Fort Sherman Chapel. Tuesdays 7:30pm. GSR- open

Happy Hour, 5:15pm, First Presbyterian Church, Sixth and Lakeside, CDA. Daily at 5:15pm. GST - Nathan B.

Hello from the 5:15 Happy Hour Group! We meet seven days a week at 5:15pm. We are an open meeting and everyone is welcome. Join us for variety on Friday with a 15-minute speaker/ discussion meeting followed by a book study starting at 6:30pm and our renowned one hour speaker meeting every Saturday. The last Saturday of the month is a birthday meeting where we invite those that took coins in that month to share from the podium. That day there is cake!

Fort Sherman Group, 332 Hubbard Ave, CDA. 7 days a week, 7:45am. GSR - Kevin G. Alt Gsr- Chris. This is an open meeting that also meets in a separate meeting via zoom at 7:45am, 7 days a week. There is a 12 & 12 study on Fridays. The last Sunday of the month is a speaker meeting at 7pm. This meeting is in person and also shown on zoom. The business meeting is the 2nd Saturday of the month in person at the Fort after the 7:45am meeting.

GMAA Good Morning AA, Alano Hall, 425 Borah, CDA . Daily 6:30am. GSR- open GMAA is at the Alano Club at 6:30 every day of the week. The last Saturday of the GMAA hosts a breakfast for coin takers. Also, the business meeting is held on the last Saturday after the regular meeting.

Keep it Simple, Journey of Hope Church, 355 E 12th, Post Falls. Monday - Friday at 12pm. GSR - Open. Open meeting, Wheelchair accessible

Lady A's, Athol Community Center, 30355 Third St, Athol. Thursday at 9am. GSR- Heather.Alt
Paula T. Open. Women only.

Lost and Found, St Lukes, Fifth and Wallace. GSR - Danny G.
Noon - Monday to Saturday and 1PM on Sunday

Men's Recovery in AA, 405 N Second St, downtown CDA, Second Chance Ministry. Thursday
7pm. GSR - Jon D.
Men's Recovery in AA group. Men only

North Idaho Young People in AA "The Misfits Group", First Presbyterian Church of CDA,
Sixth and Lakeside. Monday 7pm. GSR - Dirk S.

The misfits are the Monday meeting of North Idaho Young People in AA (NIDYPAA), registered
with national YPAA. We're a new meeting founded with the goal of carrying the message of
recovery to the young and young at heart in AA. No age requirements to attend! We are informal
and do our best to obey Rule 62. We are starting strong with a core group but have plenty of
room for more members and open service positions. We appreciate your support!

Off 53, Hauser Lake Firehouse, Hauser and on Zoom, Monday 7pm. GSR - Stan B We are an
open discussion meeting. We are a small , intimate meeting with a lot of great sobriety. Please
come and join us. WE HAVE CANDY! Business meeting is the third Monday of the month at
6pm before the regular meeting.

Prairie Dogs, Belltower Funeral Home, 8015 Main St, Rathdrum. Wed and Fri 7pm.
GSR -Dave B, Alt GSR -Chuck F.

Prairie Dogs meet Wednesday and Friday nights at 7pm. Wednesday is a closed meeting and
Fridays are open meetings. We have had a great turnout, lots of newcomers and multiple years.
The last Friday is a potluck birthday celebration. Come join the best meeting in Rathdrum! Our
business meeting is the 2nd Wednesday of the month at 6pm, followed by our regular meeting
at 7pm

Primary Purpose, Alano Hall, 425 Borah, CDA. Sundays 4pm. Newcomers meeting simultaneously
if needed. GSR - Jan R. Alt GSR: Kerri S.

We are a Big Book study group. We have recently added the 12 and 12 to study after
completion of Big Book. We offer a foundation meeting which is basically the first three steps
and the first three chapters of the Big Book. Jan R celebrated 25 years on Sept 24th. Primary
Purpose Group of North Idaho will be presenting a motion at the Richland Assembly. This
involves having a $\frac{2}{3}$ quorum for voting on motions at Assemblies. We would love your support
for the motion and also for supporting our meeting.

Rough Riders. Presbyterian Church. 101 E. College Ave, St Maries , ID. 7 PM. GSR-Hank

SCW-Sobriety Capital of the World, New Beginnings Church, 16138 N Westwood, Rathdrum.
Tuesdays and Fridays 7PM. GSR - Curtis A.

Friday night is a candlelight meeting. On the last Friday of the month we have a birthday /
potluck to celebrate the monthly birthdays. We are caddy corner to the Super 1 in Rathdrum

Serenity Sisters, 3079 E 16th Ave, Post Falls, Saturday - 10am. GSR - Karen. Serenity Sisters meets every Saturday at 10 a.m. at His Place Church in Post Falls. We are an open Women's meeting. We offer a 12X12 study on the third Saturday of the month. There is a Speaker Meeting at the end of each quarter. Our business meeting is the first Saturday of the month, following our normal meeting. The church requires that we lock the door at 10:15

Serious About Sobriety, Alano Hall, 425 E. Borah Ave, CDA. Daily at 9:30PM. GSR - Luke P
Serious About Sobriety meets 7 day a week at 9:30 p.m. in the Alano Hall. Come share your experience, strength and hope in the candlelight with us! Our attendance has been growing since reopening the meeting and we've been adding some new home group members. Business meetings are the first Tuesday of the month at 8:30 p.m.

Spiritual Awakening, 32119 N Fifth Ave, Spirit Lake, VFW Post 1147. GSR - Lisa J. Hello!
Spiritual Awakening Meetings are going well. We started up our potluck for the Wednesday night step and tradition meeting. Dinner at 5:30, Meeting starts at 6pm to 7pm. Saturday 8am - Open meeting business meeting every second Saturday of the month at 7:15am. Birthday celebration last Wednesday of each month at the 6pm Literature table is well received and supported. Yours in service! Lisa J

Sober Sisters, 4000 N 4th Street, CDA. Monday 5:30pm. GSR Gloria P. Meets every Monday night from 5:30 to 6:30 p.m. at the Church of the Nazarene, upstairs in Room 305, with coffee service. This is a closed women's meeting. This is a literature study meeting and we are now reading the Big Book stories at the end. Meeting is being held in person with social distancing, no longer on Zoom. We have had a great turn out with 15-18 women on a regular basis. We are having cake at the end of the month to celebrate birthdays. Our business meeting is the third Monday of the month, directly after our meeting -last month we had around 6-7 women at our business meeting. We are growing! We still have several open service positions. This meeting is filled with warm and caring women, who are serious about sobriety, but we have a lot of fun too!

The Way Out, Seventh Day Adventist Church, 12940 N Govt Way, Hayden. Monday and Fridays 5:30pm. GSR - Karen S.

The Way Out group meets Mondays and Fridays in person and on zoom at 5:30pm. Our business meeting occurs every-other- month on the Friday following the District 8 meeting. We have a regular attendance of some old timers along with some newcomers and we average about 10 - 18 people, split pretty evenly between those at the church and those via Zoom. Our enhanced camera and audio bring the zoom folks right into the physical meeting so it's a great experience for all. We mix up daily reflections, grapevine and other AA literature in our format. If you are new or are looking for a sponsor, this meeting is a great place for you to be! The meeting is held at the 7th Day Adventist Church, lower level on the north side of the building, 12940 N Gov't Way (Corner of Lancaster.)

Truly Grateful, 308 W 12th Ave, Post Falls, ID 83854. Thursdays at 7:00PM.

GSR: Dot R. Meetings are attended by 20 to 30 plus each week. Topics are picked from the 12 and 12 and the Daily Reflections. We have newcomers and old timers each week. We are not a glum lot!

WBBS - Wednesday Night Big Book Study, GSR - Dot.- Closed thru winter, temporarily

Women in Emotional Sobriety, Alano Hall, 425 Borah. CDA. Saturday 10 am. GSR: Mindy

WIES meet Saturday mornings at 10 am at the Alano Hall. The first 3 Saturdays we read out of the 12 and 12; one Step / Tradition at a time. The last Saturday of the month is an open discussion on a topic chosen from the book Emotional Sobriety I, II, or Language of the Heart. Mothers and children are welcome. Our Business meeting is the 3rd Saturday, following the meeting, at 11:15. We always have a great meeting. Please come join us.

Young in Years, Christ the King Lutheran Church, 17th and Pennsylvania, CDA. Monday at 8pm. GSR - Ed A. Alt GSR- Emily W.

Some of us are not so young, so as of June 1, Young in Years meets every Monday at 7pm at Christ the King Lutheran Church at 18th and Pennsylvania Ave, in Coeur d'Alene. Group conscience meeting is the Monday after the second Tuesday @ 7:15 PM until June when we are bumping things one hour earlier,(so following the district meeting). Our business meeting is the third Monday of each month at 6:15 pm. We celebrate birthdays on the last Monday of the month after our regular meeting. Our 45th annual campout is coming up - July 21 @ 2 PM- July 24th at 11 AM

Standing Committee Reports

District 8 Treatment Report from October 2022

The treatment committee met at 7 PM on October 3 at the Alano Hall. There were eight people in attendance, including our Public Information Chair and Corrections Chair.

During the Month of September, I attended the Standing Committee workshop in Omak, WA. There were only five Treatment representatives in attendance.

Topics covered were as follows:

Lack of enthusiasm for getting involved in carrying the message beyond just AA meetings. Ideas for treatment panel and speaker meeting formats. Shared ideas for Bridging the Gap volunteers and requests. I also passed along my copy of the literature catalog and reminded the District 12 representative about the pink can to provide funds for literature.

During the workshop summary, the facilitator for treatment shared this.... "Recovery is more than just coming to meetings to "get yours". We are responsible for the continuation of Alcoholics Anonymous through service beyond just group level."

District 8 committee notes:

We made contact with Northwest Speciality Hospital. They are interested in what we have to offer. John K. had a meeting with them and will be obtaining a contact name to pass along to CPC. Natalie has reached out to someone she knows personally at KMC concerning rumors of a detox unit opening up. We have tried reaching out to Restored Paths a few times with no response.

As far as activities planned for the month of October? I have none scheduled. There's plenty we could do , it is however a "we" program.

Our next committee meeting will be Monday, November 7 at the Alano Hall at 7 PM. Please encourage your home group members to join us and get involved.

Thank you for the opportunity for growth through Service.
Tom B. District 8 Treatment.

Corrections Report

Hello everyone. Unfortunately there is not much new to report. There has been much confusion at the jail regarding the male volunteers since Sandra McGee, our former volunteer coordinator, retired. I have been turned away twice in the past month due to the lack of paperwork allowing our admission. I did however receive an email from sergeant rikki hinchee who is temporarily taking over responsibility of volunteer coordinator until a replacement has been found. I have been told that they have a possible replacement for Sandra in the works who will hopefully be reaching out to us shortly. I look forward to working with our new coordinator and hope to take a more efficient role in my responsibilities. I have several names and numbers of people interested in going in to carry the message. I am hopeful our new coordinator allows some new faces to volunteer. Although it is difficult at this time to perform my responsibilities, I know that no storm lasts forever. I am very grateful to be of service and love every opportunity I get to carry the message into our local institution.

Kyle T. district 8 corrections chair
email. krees26thomas@gmail.com
Phone number. 208-771-9588

Corrections Report from October

Hello this is Kyle T Corrections share for District 8. I went into the jail September 29th and spoke with sergeant Rikki Hinchee. He's currently covering the position left by Sandra McGee until a replacement can be found. I was able to get a little bit of information out of him. First thing I was told is that the meetings are going to continue as scheduled and planned. At the moment he is not looking for anyone new to go in only the current volunteers. I hope to discuss this topic further when the replacement arrives. They're searching for candidates to replace Sandra and when they find the replacement they will send out an email to all the volunteers coordinating a meeting between us and the new replacement. Have a great day and I'm happy to be of service.

CPC Monthly Report 10/2022

Community Outreach

The meeting scheduled for October 20 at Restored Paths (division of Heritage Health) happened on time and was a success. The general lack of information of the staff as to where meetings were, how often they occur, and what AA does and does not do was significant. The counseling community was very receptive and expressed gratitude for our visit. We left schedules and contact information. We are awaiting return calls from Benewah and St. Maries institutions.

Alarmingly, multiple counselors informed us that their clients have been chastised by senior AA members and told that they were not sober due to the administration of prescribed medications. We do not know the context of these conversations or how this medical information became known. The counselors agreed that they heard this regularly from clients who no longer wanted to attend meetings because they did not feel welcome. While we understand that this issue is controversial, and we are not suggesting a course of action on exactly how to approach this problem, we felt that it was worth mentioning. We relate this only due to the frequency and consistency of the problem.

Generally, the meeting gave us renewed hope that the counselors are now better informed about the AA of District 8, and how to direct their clients to us. All in all, it was a positive and productive visit.

First Responder Off-Schedule Meeting

The off-schedule meeting formed for the benefit of police and other first responders, and professionals has begun. It is called the Insight Academy. It meets on Thursday evenings in CDA. So far, the expenses have been slight, and attendance has been minimal. Startup costs so far have been \$45.69 for Literature. The Church has proposed a voluntary rent charge of \$25/month. Thus far, the meeting has not yet paid over the first 4 months.

Currently, the meeting is not yet well known, and measures are being taken to get the word out to the right people within the agencies we are attempting to help. Feedback from anyone connected to local law enforcement or professional agencies that can offer positive aid are welcome.

Please be respectful of the heightened anonymity required for this underserved sector of our community. The entire purpose of this meeting is to carry the message to a group that faces unique challenges in obtaining help to recover from the seemingly hopeless state of mind and body from which we all once suffered.

November

At the time of this report, there has not been an H&I meeting were we hope to delegate tasks to more people willing to be of service, if they show up. Hopefully, we will have a larger committee by next month. Please help us by making the H&I announcement at the regular meeting you attend!

Samuel K, CPC Chair District 8

Newsletter

-Deadline for December District Eye is December 5. Officers, Committee Chairs, and GSRs should send reports to newsletterdistrict8@gmail.com

GSRs,- for corrections to your meeting report - email to above address. Thank you so much for your timely submission of reports this month! In Service and with Much Gratitude - Carin, Newsletter Editor

Greetings from the Central Office of North Idaho.

We received contributions in October in the amount of \$2,355.96. Thank you to: Best Avenue Group, Spiritual Awakenings, GMAA, Sisters in Sobriety, MRAA, Firehouse Group, St. Joe Valley Group, 1st things 1st and Fort Sherman. We appreciate all your support.

We are still very much in need of a Friday volunteer at the office. Hours are 10a-2p. Please call the office at 208-667-4633 if interested. Requirements are at least 6+months of sobriety and an interview with the coordinator.

Central Office will be donating 3 1-year subscriptions to the Grapevine at the Gratitude Banquet.

I spoke to the North Idaho Crisis Center and the Kootenai Health Adult Recovery Unit. We no longer have the inpatient services for after detox, but both of these businesses are available 24/7 and will assist the sick individual to get the help they need. There are other facilities available, at lesser costs to the patient, like North Idaho Detox in Post Falls, and Sequoia Treatment Centers in Spokane and other Washington Cities. We also have the SAMHSA (Substance Abuse and Mental Health Services Administration) to assist with uninsured individuals. All this information is available at the office and for our volunteers.

Thank you again for your support of the Central Office.

Public Information Report from October 2022

Attended standing committee workshop in person in Omak in September. Currently working on getting PSA's to local radio stations and TV stations for the holidays. We are in need of help and Asking GSR's to inform their home groups of this need for possible liaisons interested in service at the district level