

News from District 8 – North Idaho DISTRICT EYE

September, 2023



Addresses For Groups to Make Donations

District 8 Treasurer PO Box 3403 Coeur d' Alene, ID 83816	Central Office 118 N 7th Street, Suite B-5 Coeur d' Alene, ID 83814
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WSEA 92 Treasurer PO Box 103 1314 S Grand Blvd, Suite 2 Spokane, WA 99202-1174	GSO PO Box 2407 James A Farley Station New York, New York, 10116-2407 Online Contribution: www.aa.org , and click on "Make a Contribution"
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The general service representative has the job of linking his or her group with A.A. as a whole. The G.S.R. represents the voice of the group conscience, reporting the group's thoughts to the district committee member and to the delegate, who passes them on to the Conference. This communication is a two-way street, making the G.S.R. responsible for bringing back to the group Conference Actions that affect A.A. unity, health, and growth. Only when a G.S.R. keeps the group informed, and communicates the group conscience, can the Conference truly act for A.A. as a whole. —AA Service Manual, pg S26

-This is a confidential document, printed for AA members only. Although it is our policy to publish first and last initials only, we also publish some members addresses and phone numbers. Please respect anonymity



District 8- North Idaho AA
Meeting Minutes – July 11, 2023

Meeting called to order at 7:01 pm by Catherine B. T. followed by the Serenity Prayer.

GSR Statement: Read by Rolf

Secretary Report: Minutes from June 13, 2023 meeting read by Phil T.

DCM Report: DCM reports read as submitted.

Alternate DCM Report: see DE submission

Treasurer Report: Given by Rachel R. Gloria moved to accept, seconded by Loren. passed unanimously.

GSR Reports: Each GSR present provided information and updates for their home group see District Eye.

Standing Committee Reports: none

District Inventory Report: Emily W. touched on the main highlights and presented a written report attached to these minutes.

Unfinished Business: D8 Inventory meeting early prior to D8 meeting.

New Business:

Zoom account is up for renewal. Garrett made motion to discontinue zoom account, later retracted. After further discussion Loren motioned Zoom be discontinued, Garrett seconded, motion passed.

Open Forum:

Moved to adjourn made by Curtis at 8:40 Followed by the Responsibility Statement.

District 8- North Idaho AA
Meeting Minutes – Aug 15, 2023

Meeting called to order at 7:01 pm by David R., followed by the Serenity Prayer.

GSR Statement: Read by Rolf

Secretary Report: Minutes from July 11, read by Phil T. Minutes were suspended for resubmission on 12 September.

DCM Report: David R read DCM report for Catherine B.

Alternate DCM Report: see DE submission

Treasurer Report: Given by Rachel R. Jan R. moved to accept, seconded by Terri passed unanimously.

GSR Reports: Each GSR present provided information and updates for their home group see District Eye.

Standing Committee Reports: Willing participants meet prior to Dist 8 meeting to discuss standing committee report.

District Inventory Report: Emily W. touched on the main highlights and presented a written report attached to these minutes.

Unfinished Business: D8 Inventory meeting early prior to D8 meeting.

New Business:

Review final motions for Area 92 Conference. Motions were read and discussed, disseminated to GSR's.

Open Forum: Rolf brought up that 3rd legacy chair has not been present for three meetings in a row, asked if the committee wants to take any action.

Moved to adjourn made by Garrett at 8:15 Followed by the Responsibility Statement.

Treasurer Report

THANK YOU to the following groups for their contributions: Fort Sherman, Good Morning AA, North Idaho Young People in AA (NIDYPAA), Serenity Sisters, Sober Sisters, St. Joe Valley Group, and Women in Emotional Sobriety (WIES). The District Meeting's 7th Tradition for August was \$40. Total monthly income was \$901.92 and expenses were \$326.87. The beginning checking account balance was \$912.11 and the ending balance is \$1,487.16. Prudent Reserve is \$2,426.85.

Yours in service, Rachel Hunt

District Officers and Committee Chairs

Catherine B.	DCM, dcm8@area92aa.org
David R.	Alt DCM, altdcm@northidahooa.org
Rachel H.	Treasurer, treasurer@northidahooa.org
Vacant	Alt Treasurer, alttreasurer@northidahooa.org
Phil T	Secretary, secretary@northidahooa.org
Clint H.	Third Legacy, 3rdlegacy@northidahooa.org
Jeannie M.	Activities, activities@northidahooa.org
David R.	Archives, archives@northidahooa.org
Kyle T	Corrections, corrections@northidahooa.org
Laurie F.	CPC, cpc@northidahooa.org
Paula T.	Literature, literature@northidahooa.org
Carin C.	Newsletter, newsletterdistrict8@gmail.com
Chuck F.	Public Information, publicinfo@northidahooa.org
Tom B.	Treatment, treatment@northidahooa.org
Vacant	Web, webchair@northidahooa.org
Mary M.	Central Office, keepcomingback1@hotmail.com

GSR Reports

Athol Big Book Recovery Group, Athol Community Center , Saturday 5-6 pm, GSR - Kim M. Athol Big Book Recovery Group is a Big Book study, open meeting where everyone is welcome. We read a paragraph or two and take turns sharing our experience, strength and hope with each other. We celebrate milestones in sobriety each week as they occur.

Best Avenue Group, Alano Hall, 425 Borah, CDA. Daily 12 PM. GSR: Brian B, The Best Avenue Group is an open meeting that meets seven days a week, 365 days a year at the Alano Fellowship Hall. Tuesdays are a big book study. Thursday meetings are chaired by a member with at least 20 years of sobriety. Our meeting topics are selected from GSO approved literature. On the last Friday of the month there is a speaker/ discussion meeting where a speaker shares for 20 minutes then opens up for discussion for the group. The business meetings are held on the first Sunday of the month following the noon meeting. We acknowledge and celebrate birthdays by handing out sobriety coins daily. We average about 30 people in attendance per meeting. Big Books available for sale. All are encouraged to join.

Daily Reprieve, Alano Hall, 425 Borah, CDA. Daily at 5:30pm, Thursdays at 7pm. GSR- Garrett B. Alt GSR - Rolf M. This home group meets every day at the Alano Hall at 5:30pm. On Thursdays we have a 12 and 12 reading for an hour starting at 7pm. We alternate, a step on one week and a tradition on the next week. We have a speaker meeting the last Saturday of the month at 5:30pm/ potluck at 5:00pm. Business meeting 3rd Tuesday of the month.

First Things First, 322 Hubbard Ave, CDA. Fort Sherman Chapel. Tuesdays 7:30pm. GSR- open

Happy Hour, 5:15pm, First Presbyterian Church, Sixth and Lakeside, CDA. Daily at 5:15pm. GST - Nathan B.

Hello from the 5:15 Happy Hour Group! We meet seven days a week at 5:15pm. We are an open meeting and everyone is welcome. Join us for variety on Friday with a 15-minute speaker/ discussion meeting followed by a book study starting at 6:30pm and our renowned one hour speaker meeting every Saturday. The last Saturday of the month is a birthday meeting where we invite those that took coins in that month to share from the podium. That day there is cake!

Fort Sherman Group, 332 Hubbard Ave, CDA. 7 days a week, 7:45am.

This is an open meeting that also meets in a separate meeting via zoom at 7:45am, 7 days a week. There is a 12 & 12 study on Fridays. The last Sunday of the month is a speaker meeting at 7pm. This meeting is in person and also shown on zoom. The business meeting is the 2nd Saturday of the month in person at the Fort after the 7:45am meeting.

GMAA Good Morning AA, Alano Hall, 425 Borah, CDA . Daily 6:30am. GSR- Jim.

GMAA is at the Alano Club at 6:30 every day of the week. The last Saturday of the GMAA hosts a breakfast for coin takers. Also, the business meeting is held on the last Saturday after the regular meeting.

Keep it Simple, Journey of Hope Church, 3555 E 12th, Post Falls. Monday - Friday at 12pm. GSR - Loren M. Alt GSR- Rusty. Open meeting, Wheelchair accessible

Lady A's, Athol Community Center, 30355 Third St, Athol. Thursday at 9am. .Alt GSR Paula T. Open. Women only.

Lost and Found, St Lukes, Fifth and Wallace. GSR- vacant.
Noon - Monday to Saturday and 1PM on Sunday

Men's Recovery in AA, 405 N Second St, downtown CDA, Second Chance Ministry. Thursday 7pm. GSR - John D.
Men's Recovery in AA group. Men only

Mountain Men's Group. Gary M. GSR, Chris S. Alt GSR. Meet on Mondays at 7 pm at the VFW Post 1473. 32119 N 5th Ave. Spirit Lake, ID 83869. HWY 41 @ New Hampshire St.
Men/Open/WC.

North Idaho Young People in AA "The Misfits Group", First Presbyterian Church of CDA, Sixth and Lakeside. Monday 7pm.

The misfits are the Monday meeting of North Idaho Young People in AA (NIDYPAA), registered with national YPAA. We're a new meeting founded with the goal of carrying the message of recovery to the young and young at heart in AA. No age requirements to attend! We are informal and do our best to obey Rule 62. We are starting strong with a core group but have plenty of room for more members and open service positions. We appreciate your support!

Off 53, Hauser Lake Firehouse, Hauser and on Zoom, Monday 7pm. GSR - Stan B We are an open discussion meeting. We are a small , intimate meeting with a lot of great sobriety. Please come and join us. WE HAVE CANDY! Business meeting is the third Monday of the month at 6pm before the regular meeting.

Prairie Dogs, Belltower Funeral Home, 8015 Main St, Rathdrum. Wed and Fri 7pm.
GSR -Dave B, Alt GSR -Chuck F.

Prairie Dogs meet Wednesday and Friday nights at 7pm. Wednesday is a closed meeting and Fridays are open meetings. We have had a great turnout, lots of newcomers and multiple years. The last Friday is a potluck birthday celebration. Our business meeting is the 2nd Wednesday of the month at 6pm, followed by our tradition meeting at 7pm. Big Book study Sundays at 3PM

Primary Purpose, Alano Hall, 425 Borah, CDA. Sundays @ 4pm. GSR - Jan R. Alt GSR: Kerri S. We are a Big Book study group. We recently added the 12 and 12 to the study, alternating between the Big Book and the 12 and 12 after completion of each book. We offer a foundation meeting for newcomers, which runs simultaneously with our study meeting, which is basically the first three steps and the first three chapters of the Big Book. Our business meeting is every quarter on Sunday at the end of the month @ 3:00 at the club on Borah and is a potluck. Come join us!

Rough Riders, Community Presbyterian Church, 1100 College Ave, St. Maries. 10th & College Ave. GSR – Hank A. Meet Tuesdays and Thursdays at 7:00 PM. Meetings usually last more than 1 hour so everyone gets a chance to share. Our location along the lake makes the drive down a spiritual experience. An hour and half drive is always worthwhile. Please make the drive

SCW-Sobriety Capital of the World, New Beginnings Church, 16138 N Westwood, Rathdrum. GSR - Curtis A.

We meet Tuesdays and Fridays at 5:45 PM. Friday night is a candle light meeting. On the last Friday of the month we have a birthday/ potluck to celebrate monthly milestones, it starts at 5 PM. Our business meeting is the 3rd Tuesday following the meeting at 6:45

Serenity Sisters, 3079 E 16th Ave, Post Falls, Saturday - 10am. GSR - Karen. Serenity Sisters meets every Saturday at 10 a.m. at His Place Church in Post Falls. We are an open Women's meeting. We offer a 12X12 study on the third Saturday of the month. There is a Speaker Meeting at the end of each quarter. Our business meeting is the first Saturday of the month, following our normal meeting. The church requires that we lock the door at 10:15

Serious About Sobriety, 501 E Wallace, St Luke's Episcopal Church,, CDA. Daily at 9:00PM. Serious About Sobriety meets 7 days week. Come share your experience, strength and hope in the candlelight with us! Our attendance has been growing since reopening the meeting and we've been adding some new home group members. Business meetings are the first Tuesday of the month at 8:30 p.m.

Spiritual Awakening, 32119 N Fifth Ave, Spirit Lake, VFW Post 1147. GSR -Toby. Hello! Spiritual Awakening Meetings are going well. We started up our potluck for the Wednesday night step and tradition meeting. Dinner at 5:30, Meeting starts at 6pm to 7pm. Saturday 8am - Open meeting business meeting every second Saturday of the month at 7:15am. Birthday celebration last Wednesday of each month at the 6pm Literature table is well received and supported.

Sober Sisters, 4000 N 4th Street, CDA. Monday 5:30pm. GSR Gloria P. Closed Women's Meeting. Reading AA literature. Will be starting the Little Golden Books. le; No more excuses and many more books. 10-15 Women attend. Business Meeting is the third Monday of the Month

The Way Out, Seventh Day Adventist Church, 12940 N Govt Way, Hayden. Monday and Fridays 5:30pm. GSR - Karen S.

The Way Out group meets Mondays and Fridays in person and on zoom at 5:30pm. Our business meeting occurs every-other- month on the Friday following the District 8 meeting. We have a regular attendance of some old timers along with some newcomers and we average about 10 - 18 people, split pretty evenly between those at the church and those via Zoom. Our enhanced camera and audio bring the zoom folks right into the physical meeting so it's a great experience for all. We mix up daily reflections, grapevine and other AA literature in our format. If you are new or are looking for a sponsor, this meeting is a great place for you to be! The meeting is held at the 7th Day Adventist Church, lower level on the north side of the building, 12940 N Gov't Way (Corner of Lancaster.)

Truly Grateful, 308 W 12th Ave, Post Falls, ID 83854. Thursdays at 7:00PM.
GSR: Dot R. Meetings are attended by 20 to 30 plus each week. Topics are picked from the 12 and 12 and the Daily Reflections. We have newcomers and old timers each week. We are not a glum lot!

Upriver, Fernwood Bible Church-in the basement. Mile Marker 64, Hwy 3.
GSR- John B. Sunday at 3PM

Women in Emotional Sobriety, Alano Hall, 425 Borah. CDA. Saturday 10 am. GSR: Mindy
WIES meet Saturday mornings at 10 am at the Alano Hall. The first 3 Saturdays we read out of the 12 and 12; one Step / Tradition at a time. The last Saturday of the month is an open discussion on a topic chosen from the book Emotional Sobriety I, II, or Language of the Heart. Mothers and children are welcome. Our Business meeting is the 3rd Saturday, following the meeting, at 11:15. We always have a great meeting. Please come join us.

Young in Years, Christ the King Lutheran Church, 17th & Pennsylvania, CDA.
Mondays at 7pm. GSR- Ed A. Alt. GSR- Emily W.
Group conscience meetings are the Monday following the district meeting at 6:15 pm. We're actually one of, if not the, oldest meetings in CDA & have a light hearted approach to AA. Annual CAMPOUT at Farragut State Park starts at 2pm on Thursday Aug 10th - Sunday the 13th @ 11 am. Speakers, dessert potluck, BBQing, games, stories, music & families- all welcome ! Camping Fees have increased this year but it's a lot of bang for your buck. Ongoing, our homegroup celebrates birthdays with homemade cake on the last Monday of the month, and we have potluck-speaker events every few months. We donate quarterly to the district, area, central office, and GSO.

Standing Committee Reports

Treatment Report

Ten people in attendance at committee meeting for the month. Three to Four were from White House Recovery - a new treatment center off Mcguire. Will get literature and pamphlets to them. Have contact information for their program director. Will get bridging the gap information to them as well. Kootenai Medical Center treatment - may be open to more panels. Nothing New on Heritage Health and no bridging the gap requests. Tom, Treatment Chair

September Public Information Report

Continued to provide schedules to URGENT CARE, Hospitals, Absolute drug testing, and treatment centers.

Registered for the SPAN walk for suicide prevention and awareness September 9.

Provided a rack of pamphlets and schedules to the White House recovery and detox in Post Falls.

Your Friend in Service,
Chuck F

Newsletter

-Deadline for September District Eye is October 5, 2023.

Officers, Committee Chairs, and GSRs should send reports to

newsletterdistrict8@gmail.com GSRs,- for corrections to your meeting report - email to above address.

In Service and with Much Gratitude - Carin, Newsletter Editor

Central Office Report

The Office has all volunteer positions filled at this time. Thank you to the following groups for their contributions in August: Women Saved by Grace, Sisters in Sobriety, Sober Sisters. WEIS Group, Serenity Sisters, Malinda H., Justin, Gratitude Banquet Committee, Fort Sherman & GMAA.

We are open from 10am to 2pm Monday through Saturday. Mary Mangum

Inventory Proceedings of WSEA92's 8th District **May 6th 2023**

The numbers:

10 alcoholics (8 of whom currently serve district 8), convened at approximately 1:15, meeting began at 1:25 & adjourned at approximately 4:25.

Expenses were approximately \$240 (\$90 + tip for lunch; the rest was reimbursement to Scott R. from Libby).

\$28 was collected and given to Alano hall.

A group conscience was made in the spring not to distribute a flyer for this event, but more outreach could have helped with attendance.

On **encouraging participation at the district level:**

1. At our monthly meetings, there isn't really time beyond conducting business for emphasizing service positions or mentorship. That's what quarterly workshops and standing committee meetings are for
2. Make it more fun sounding. Invite people. Bring someone (don't take hostages). Show more tolerance.
3. We could be more intimate with the traditions at our monthly meetings; this flows from the individual to the HG to the district and back.
4. All of us might make/take more time to go over the handbook.

Action items:

- At monthly meetings, consider reviewing how the district meeting "should" be run and ask ourselves now if that is working for us

* If time read appendix to D8 handbook (several printed copies provided)

- Invite new people, watch your tone (attraction rather than promotion), go to

meetings that don't have a GSR.

- Improve mentorship and/or service sponsorship; we cannot assume that outgoing GSRs or alternates are handing over paperwork, getting them a new GSR kit, bringing the newly electeds with them to district, etc.

On **more effective communication**:

1. Read, use, and update/replace our handbooks. Everyone is at fault if the meeting "isn't going well."
2. Communication rests on the GSRs.
3. Maybe the literature person has a printer?
4. Hybrid meetings are not a viable option for participation in our district at this time.
5. Doesn't matter if you think your HG wants to hear it or not, it's your job to give them the information. GSRs job is to be that connection (and some GSRS doesn't know that it's their responsibility to be that bridge and give that report monthly no matter what.

Action items:

- Recommit to better reporting from the HGs and committees, both orally and in the newsletters. For all district level positions, get your reports in. Do better. Role model better, 'attractive' behavior.
- Emphasize more/better announcements at meetings, Make it easier to do so by utilizing a one-page 'punch list' for every monthly district meeting (what reports/asks/announcements/events are coming up in that month, all on one page).
- Encourage GSRs to use and make a phone/e-mail tree within their HG.

Parting words from Scott, panel 66 delegate:

"It's important to simply get together and go on a spiritual adventure"

8 GSR Report form for DISTRICT EYE NEWSLETTER

You may use this form to write up your group's monthly report for the district newsletter. **District** You are also welcome to email the information to the newsletter editor at **NewsletterDistrict8@gmail.com**.

In addition to your meeting day and time and your GSR's name, your report should include details about your group that might attract people to your meeting. Items of interest include sobriety anniversaries, birthdays, social events in your group and the average number of people who attend, including newcomers and out-of-towners. If you have any flyers for events coming up, include them with your report.

You don't have to change your report each month if you don't want to. If you want to make a change or update something and leave the rest as is, just let the newsletter editor know.

As a reminder: Submissions must be received by the **THIRD** day of the month to be guaranteed inclusion into the monthly newsletter. **THANK YOU FOR YOUR SERVICE!**

Group name _____

Meeting location: _____

Meeting days and times _____

GSR name: _____ Phone: _____

GSR email address: _____

Alt GSR name: _____ Phone: _____

Report submitted by: _____ Date: _____