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Tradition 8 Long Form: "Our A.A. experience has taught us that: Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

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Central Office of N Idaho

Edition 67

August 2026

Editor's Two-Cents Worth

Greetings,

The Central Office is a clearinghouse of sorts for the local recovering community. The Central Office is not part of the A.A. Service Structure, is a private, non-profit 501-3c business, however, the Central Office plays an important role by providing information for people seeking help with alcoholism, literature sales, sobriety coins, and other recovery-related gifts and items.

The Central Office is seeking volunteers for the Monday and Wednesday 10-2pm shift and the Saturday 12 noon-4pm shift. If you want to be of service and work in the Central Office on those days please contact Mary, Central Office Coordinator, at (208) 667-4633.

I want to personally thank the following groups for your generous support this past month: Primary Purpose Group,
First Things First,
Go0d Morning AA (GMAA),
Rise and Shine (Zoom 6:30am),
Sisters in Sobriety,
Daily Reprieve II and
OFF 53

Your 7th Traditions contributions are very much appreciated and helps us continue carrying the message.

David R
12/06/1995 First Day of Freedom

The opinions expressed in this newsletter are solely those of the author and do not necessarily reflect the opinion of the Central Office or Alcoholics Anonymous as a whole.

Central Office Financial Report

Deposits **\$2,048.66**

Contributions **\$633.08**

**First Things First
Good Morning AA
Rise and Shine (Zoom)
Sisters in Sobriety
Primary Purpose Group
Daily Reprieve II
Grateful Ladies
Off 53**

Retail Sales **\$1,415.58**

July Expenditures **\$2,305.14**

**Rent,
Coordinator,
Ziply Fiber,
Coeur d' Alene Press,
Annual Insurance Premium,
Quarterly Taxes
Country Lock and Key**

Checking Account Balance **\$2,294.45**

Reserve Account **\$6,089.27**



Central Office Coordinators Report

Greetings from the Central Office. July was another very slow month. Contributions were only \$534.08. I am hoping this is just a slump due to being summertime. Please come boost our sales in August. Big Books are still priced under what GSO is selling them for. Also, be sure to stock up on the new schedules that are back to the format you all like better.

Thank you to First Things First, God Morning AA (GMAA), Rise and Shine (Zoom 6:30am), Sisters in Sobriety, Primary Purpose, Daily Reprieve II and OFF 53 for your contributions. We really appreciate them!!

We still need VOLUNTEERS for the Monday and Wednesday 10am-2pm shifts. Also, we need a VOLUNTEER for the Saturday 12 noon – 4 pm shift. Please contact the office at 208-667-4633.

Phone Report:

July was also very slow for the phones.

In office calls were 5 (2 for meetings, 1 Business, and 2 "other" calls)

After hours calls were 5 (3 for meetings, 2 for Business.)

NOTE: I am going to start including any calls that I forwarded to a person on the 12 step list, so that you will see how many we get.

12TH STEP CALLS FOR JULY: 0

Thank you to the groups who made contributions to the office in July. Somehow, we are getting by. "Let go, let God!"

I would like to say to all of you in this district, if anyone has a concern or issue with Central Office or the board members, I am asking that you please bring it to us. Let's communicate in an adult fashion and not fall prey to "contempt prior to investigation", just as it says in the Big Book. We hear the gossip that is being spread and none of it is true. So, please, please email me at: Keepcoming-back1@hotmail.com or call the hotline at 208-667-4633. We can always have an emergency meeting, if needed.

The August Newsletter will have all our Financials and news.

We are still desperately in need of a Monday & Wednesday Volunteer for the 10am-2pm shift and Saturday for the 12noon-4pm shift. Please call the office # if interested or if you have questions.

I hope you all enjoy the rest of summer.

Yours in service,
Mary

ROUND-UP OF RECOVERY



"Principles Before Personalities"

September 25-27, 2026

Colville Ag Trade Center

**317 W Astor Ave,
Colville, WA 99114**



Contact Erin G for Registration Questions 509-675-2984
or Athea for General Questions 775-385-3897

Scan for
Updates!



REGISTRATION

Form

Name:

Program:

☐ AA☐ Al-Anon

Phone Number:

Address:

Email Address:



Weekend Registration \$35 X

Saturday Dinner \$35 X

Sunday Breakfast \$15 X

of People

=

Total

=

=

TOTAL \$ OWED

Please make checks payable to Round-Up of Recovery.

Registrations with payment can be mailed to P.O. Box 1161, Colville, WA 99114



Item of the Month

Do you need a special coin for an AA Anniversary? Did you know that we carry all types of special coins for 1-5 years, 10, 15, 20, 25, 30, 35, 40, 45 & 50 years?

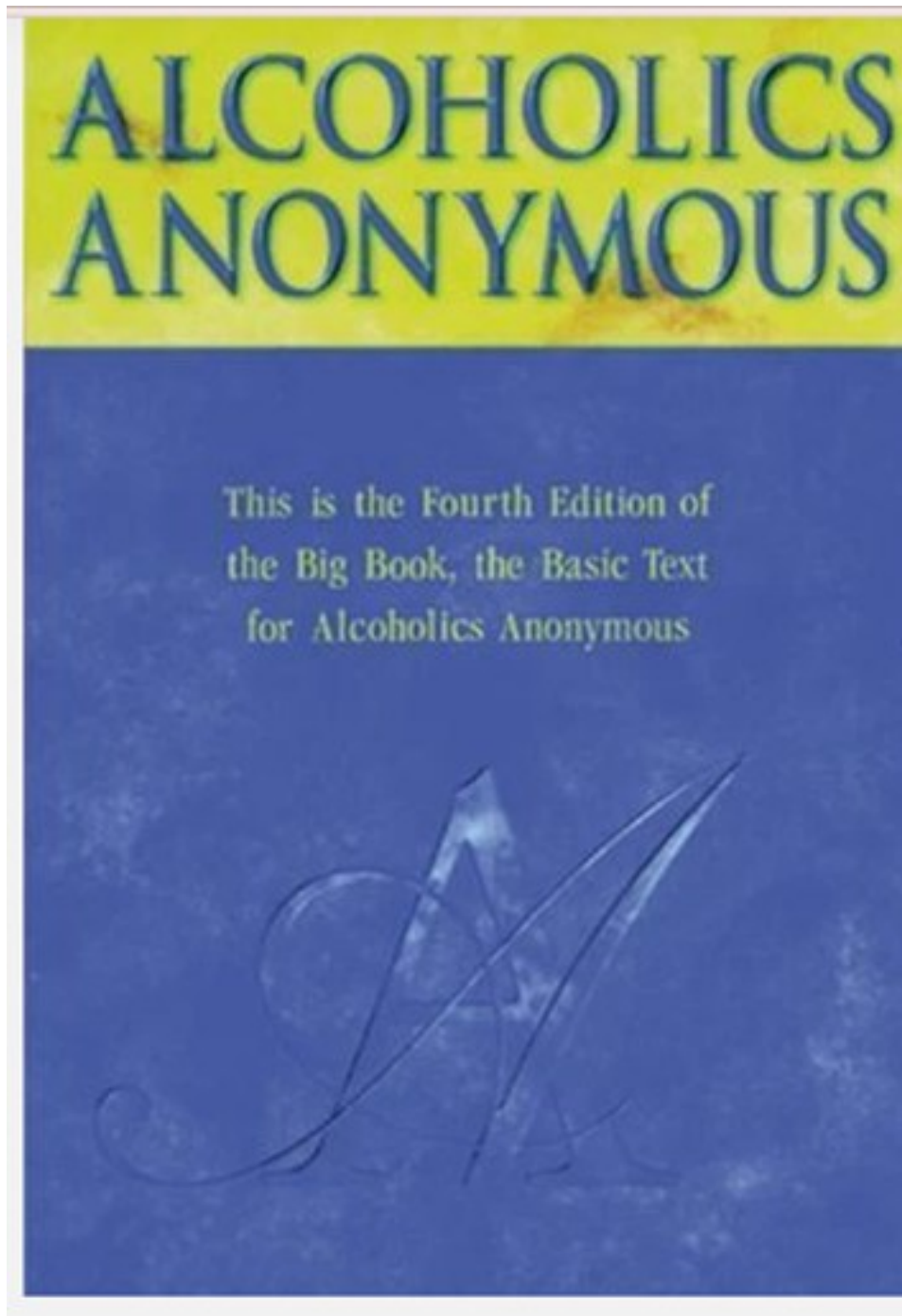
If you need a special coin for any year we don't have, we can get that ordered, as well. We just need a few days' notice.



Also, we are going to be carrying the aluminum colored coins for all months in the 1st year.

HOORAY!

**And We Always Carry Big Books!
Support Your Local Central Office Store**



Thank You For Your 7th Tradition Contributions To The Central Office!

**Primary Purpose Group,
First Things First,
Go0d Morning AA (GMAA),
Rise and Shine (Zoom 6:30am),
Sisters in Sobriety,
Daily Reprieve II and
OFF 53**

Your Support Helps Us Keep The Doors Open And Carrying The Message To The Still Suffering Alcoholic!



June 2026

FORT SHERMAN AA GROUP SUMMER GRILL & CHILL Speaker Meeting



Summer Sundays with the Fort Sherman AA Group!
Join us on the last Sunday of June, July, and August for an evening of good food, great speakers, and fellowship. We'll be firing up the grill at 5:00 PM with burgers and hot dogs for everyone to enjoy before our 7:00 PM speaker meeting. Friends and family are welcome! Attendees are encouraged to bring a side dish to share, such as chips, salads, or another favorite potluck item.



This month's guest speaker
Lou L.



5PM BBQ - SPEAKER MEETING STARTS @ 7PM

WHERE | CITY PARK

Human Rights Education Center
414 W Fort Grounds Dr, Coeur d'Alene

WHEN | 5PM

Sunday June 28th
Sunday July 26th
Sunday August 30th



Washington State East

AREA 92

Alcoholics Anonymous

October 2026 Inventory Assembly

Ramada at Spokane Airport

8909 W. Airport Dr. Spokane, WA 99224

October 16th – 18th 2026

Host Hotel

Ramada at Spokane Airport (Includes breakfast)
(509) 838-5211 - \$112/night

Ask for the "East Area 92" group rate.
Discount rate available until September 16th 2026

Other nearby hotel

Fairfield Inn Marriott

(509) 838-3226 - \$139/night (block rate)

Host Committee chair

Cari S (360) 901-1166

Carley (805) 404-7767

Kerry (714) 403-1112

Online Registration

Email

2026area92oct@gmail.com

If using
venmo
email
registration

Scan to pay

venmo

@Kerry-Nicholson-3



One Form Per Person

Name: _____

Address: _____

Phone: _____

Email: _____

Dist: _____ Position: _____

Registration Fee

In-person / Online **\$35**

Friday Night

Ice Cream Social **\$15**

Saturday Lunch

Taco Bar **\$36**

Saturday Dinner

Buffet Style Mustard Chicken,
Beef Sirloin with sides and salads **\$64**

Sunday Breakfast

For Non Hotel Guests **\$13**

Gratuity/taxes are
included in meal pricing **N/A**

Total

**Address to send paper reg/checks to: WSEA 92 Host C/o
District 3; PO Box 10259; Spokane, WA 99205**

Last day to order meals is 9/25/26

Wanted Donations For The District 8 Archives

Old Big Books

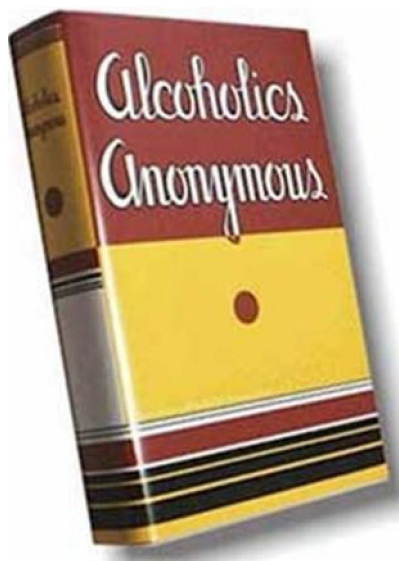
Memorabilia

Historical Items

Contact David R

208-651-2215

soberin95@gmail.com



A.A. History

Significant August Dates in A.A. History

Aug 1934 - Rowland H and Cebra persuade court to parole Ebby T. to them.

Aug 1939 - Dr. Bob wrote & may have signed article for Faith magazine.

Aug 1981 - Distribution of Alcoholics Anonymous passes 3 million.

Aug 1, 1943 - Washington Times-Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.

Aug 3, 1954 - Brinkley S. gets sober at Towns Hosp after 50th detox.

Aug 8, 1879 - Dr. Bob born in St. Johnsbury, VT.

Aug 9, 1943 - LA groups announce 1000 members in 11 groups.

Aug 11, 1938 - Akron & NY members begin writing stories for Big Book.

Aug 15, 1890 - E M Jellinek is born, author of "The Disease Concept of Alcoholism" and the "Jellinek Curve". (Link is a pdf file)

Aug 16, 1939 - Dr Bob and Sister Ignatia admit 1st alcoholic to St Thomas Hospital, Akron, Ohio.

Aug 18, 1988 - 1st Canadian National AA Convention in Halifax, Nova Scotia.

Aug 19, 1941 - 1st AA Meeting in Colorado is held in Denver. Aug 25, 1943 - AA group donates Big Book to public library in Quincy, MA.

Aug 26, 1941 - Bill writes Dr Bob to tell him Works Publishing has been incorporated.

Aug 28, 1954 - "24 Hours a Day" is published by Richmond W.

August 1981 - Sales of the Big Book passes 3,000,000

August, 1941 - 1st meeting in Orange County, California held in Anaheim



Principles of the Month | August

Step 8. “Made a list of all persons we had harmed and became willing to make amends to them all.”

Tradition 8. “Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

Tradition 8 Checklist [from SMF-131, Traditions Checklist from the AA Grapevine]:

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?

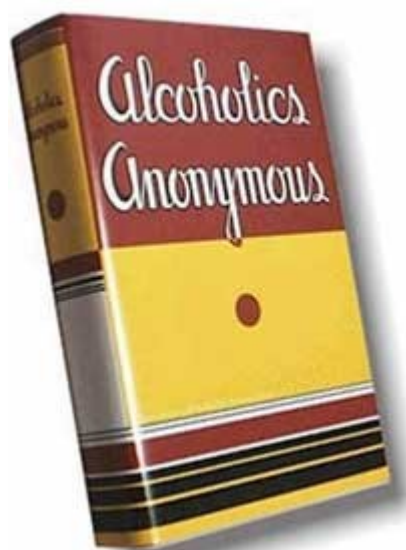
Concept 8 “The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”

Concept 8 Checklist [from SMF-91, Concepts Checklist]:

1. Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
2. How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?
3. Does my home group subscribe to G.S.O.’s bi-monthly newsletter Box 4-5-9? A.A. Grapevine? Do I?



That Ain't in the Big Book!



Since the suggestion made by “The Grapevine” in the late 60’s that “Open Discussion” (OD) meetings might be a good idea, there has been a change in the message being presented in the rooms from a focus on the Program of Alcoholics Anonymous to “group therapy” where anyone and everyone is privileged to speak on whatever might be on their mind. The result of this has been a severe decline in the success rate of alcoholics finding lasting recovery. We hear a lot of stuff said in meetings that can’t be reconciled with the program as described in the Big Book of Alcoholics Anonymous. Here is a list of the opinions, perspectives, and slogans we often hear in rooms and what our original Big Book of Alcoholics Anonymous basic text (4th Edition) has to say about it.

“There are no musts in this program.” Or “There are no musts in A.A.”

Here are 96 Must (s) Listed in the Big Book (Doctors Opinion to page 164)

A kindly act once in a while isn’t enough. You have to act the Good Samaritan every day, if need be. (97)

Argument and fault-finding are to be avoided like the plague. In many homes this is a difficult thing to do, but it must be done if any results are to be expected. (98)

But we must try to repair the damage immediately lest we pay the penalty by a spree. (99)

If their old relationship is to be resumed it must be on a better basis, since the former did not work. (99)

Both you and the new man must walk day by day in the path of spiritual progress. (100)

People have said we must not go where liquor is served; we must not have it in our homes; we must shun friends who drink; we must avoid moving pictures which show drinking scenes; we must not go into bars; our friends must hide their bottles if we go to their houses; we mustn't think or be reminded about alcohol at all. Our experience shows that this is not necessarily so. (101)

But some of us think we should not serve liquor to anyone. We never argue this question. (102)

We are careful never to show intolerance or hatred of drinking as an institution. (103)

Besides, we have stopped fighting anybody or anything. We have to! (103)

Wait until repeated stumbling convinces him he must act, for the more you hurry him the longer his recovery may be delayed. (113)

But sometimes you must start life anew. (114)

While you need not discuss your husband at length, you can quietly let your friends know the nature of his illness. But you must be on guard not to embarrass or harm your husband. (115)

You will no longer be self-conscious or feel that you must apologize as though your husband were a weak character. (115)

These family dissensions are very dangerous, especially to your husband. Often you must carry the burden of avoiding them or keeping them under control. (117)

Never forget that resentment is a deadly hazard to an alcoholic. (117)

Your husband knows he owes you more than sobriety. He wants to make good. Yet you must not expect too much. (118)

Though it is infinitely better that he have no relapse at all, as has been true with many of our men, it is by no means a bad thing in some cases. Your husband will see at once that he must redouble his spiritual activities if he expects to survive. (120)

We never, never try to arrange a man's life so as to shield him from temptation; The slightest disposition on your part to guide his appointments or his affairs so he will not be tempted will be noticed. (120)

The family must realize that dad, though marvelously improved, is still convalescing. They should be thankful he is sober and able to be of this world once more. (127)

To Be Continued.....

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If you would like to subscribe to the Central Office Newsletter, or submit an article, local A.A. news, flyer, etc., please call, text or email the Editor:

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soberin95@gmail.com

This Newsletter is not affiliated with Alcoholics Anonymous, nor is it endorsed by Alcoholics Anonymous.

All information and opinion expressed in this Newsletter is solely that of the author (s).

